

Participate in Geriatric Mental Health Foundation Events in Savannah



SHOW YOUR SUPPORT

The Geriatric Mental Health Foundation was established by the American Association for Geriatric Psychiatry to raise awareness of psychiatric and mental health disorders affecting the elderly, eliminate the stigma of mental illness and treatment, promote healthy aging strategies, and increase access to quality mental health care for older adults. Support by AAGP members helps the Foundation offer programs, provide referrals to providers, and produce educational material on aging and mental health.

LEARN MORE AT THE GMHF BOOTH

At the AAGP 2010 Annual Meeting, visit the Geriatric Mental Health Foundation at its booth to learn about the GMHF aging and mental health series of brochures covering anxiety, depression, substance abuse and misuse, healthy aging, caregiving, and sleep disorders. Pick up a copy of the *latest educational guide on disasters and older adults*, new in 2009.

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JOIN THE FOUNDATION AT THESE EVENTS During the 2010 AAGP Annual Meeting

GMHF ST. PATRICK'S DAY PARTY

Saturday, March 6 6:00 PM–9:00 PM

TICKETED EVENT

The Foundation's annual fundraising event will be a celebration of St. Patrick's Day in Savannah. Savannah is home to the second largest St. Patrick's Day Parade in the country and the GMHF will bring some of the Irish festivities to the AAGP meeting. Guests will enjoy a traditional Irish buffet (along with some southern delicacies) and be entertained by Irish musicians, singers, and dancers. Support the work of the GMHF by attending this March 6th event. Purchase your tickets when you register for the Annual Meeting. Adults: \$75. Children ages 4–12 accompanied by a ticketed adult: \$30.

GMHF CONSUMER FORUM ON SUCCESSFUL AGING

Sunday, March 7 2:00 PM–4:30 PM

Chaired by Eric Pfeiffer, MD, this special forum, open to meeting attendees and the public, will help define successful aging. Speakers will discuss how to preserve optimal health and mental health, maintain the brain, maintain independence, preserve wealth, and prepare to say good-bye with dignity. Topics will also include places and occupations for retirement; the importance of social connections; memory problems; the inner, spiritual, and sexual life of older persons; and what younger people can learn from successfully aging individuals.

MODEL PROGRAMS PROVIDING MENTAL HEALTH SERVICE IN THE HOME

*CME Session Sponsored by the
Geriatric Mental Health Foundation*

Monday, March 8 9:45 AM–11:15 AM

CHAIR: Burton Reifler, MD, MPH
PRESENTERS: Nancy Harvey, LMSW
Deirdre Johnston, MB BCH
DISCUSSANT: Martha Bruce, PhD, MPH

Learn about different programs that are successfully providing mental health services in the home, including the Geriatric Outreach (GO) program at the Wake Forest University School of Medicine, the Maximizing Independence (MIND) at Home program at the Johns Hopkins University School of Medicine, and the Service Program for Older Persons (SPOP) in Manhattan, recipient of the 2009 GMHF/AAGP Deirdre Johnston Award for Excellence and Innovation in Geriatric Mental Health Outreach Services.

HELP SPREAD THE WORD

Help the Geriatric Mental Health Foundation reach more people—older adults, their families and friends—by donating. Your donation will help spread the word that mental illness is not a normal part of aging and that help is available. To donate, visit www.GMHFonline.org and select "How to Contribute," call 301/654-7850, ext. 100, or visit the GMHF booth in Savannah.